

# AGENDA

## The Select Committee on California’s Mental Health Crisis

ASSEMBLYMEMBER Dr. Corey A. Jackson, CHAIR

ASSEMBLYMEMBER Gail Pellerin, Vice Chair, Host- Assembly District 28

Thursday, December 14, 2023

6 P.M. – Los Gatos Town Hall 110 E. Main Street, Los Gatos, CA 95030

We encourage the public to provide written testimony before the hearing.

Please send your written testimony to Lamont.Gordon@asm.ca.gov.

Please note that any written testimony submitted to the committee is considered public comment and may be read into the record or reprinted.

Los Gatos Town Hall will be open for public attendance at this hearing. The public may attend in person.

This hearing can be viewed via live stream on the Assembly’s website

at <https://assembly.ca.gov/todayevents>.

Public Comment will occur after the conclusion of expert panelist testimony and all members questions to the panelist have concluded. Public comment shall last 30 minutes. Each member of the public shall have 1 minute to register their comment.

### Panel 1. Addressing Gaps in Care

a.	<b>Behavioral Health Contractors Association (BHCA):</b> is a Santa Clara County-wide network of approximately 30 community-based, non-profit organizations providing essential mental health and substance use prevention, treatment, recovery, and supportive transitional housing services to children, adolescents and adults, under contract with Santa Clara County’s Behavioral Health Services Department.
b.	<b>Maternal Outreach Mood Services (MOMS) Program at El Camino Health:</b> The MOMS Program at El Camino Health includes individual and group counseling for women who experience prenatal or postpartum depression and anxiety. Sessions assist mothers in developing positive coping skills related to self-care, stress management, mother-baby bonding, and other topics. Between 10 and 20 percent of women experience prenatal or postpartum depression and anxiety.
c.	<b>Santa Cruz Chapter of the California Association of Marriage and Family Therapists (SC-CAMFT):</b> is a nonprofit organization operated by and for licensed and pre-licensed MFTs. SC-CAMFT offers a place for psychotherapists to network, to stay abreast of recent clinical developments and research, and to talk about issues that affect mental health practitioners and the field of mental health. <i>SC-CAMFT is the local chapter of CAMFT, which represents the most common psychotherapy license in California.</i>

*The questions for the panelists for this issue are as follows:*

**For BHCA:** How do CalAim changes affect our current workforce shortage? How can future policies be implemented in a way that does not harm existing behavioral health programs?

**For MOMS:** What challenges do MOMS patients face in obtaining lower acuity care when they reach the end of your services? Can you speak to how many programs like yours exist throughout the state?

**For SC-CAMFT:** What processes deter licensed therapy providers from accepting lower-income clients? What processes deter the state from having a more diverse behavioral health workforce?

<b>Panelists</b>	
<ul style="list-style-type: none"> <li>• <b>BHCA-</b> Elisa Koff-Ginsborg, Executive Director (She/Her)</li> <li>• <b>MOMS-</b> Nicole Tarui, MD, Reproductive Psychiatrist and Medical Director of MOMS program at El Camino Health. (She/Her)</li> <li>• <b>SC-CAMFT-</b> Anna Paganelli, MFT, Past President of SC-CAMFT and current Chair of SC-CAMFT Legislative Committee. (She/They)</li> </ul>	

**Panel 2. Diversified Youth Mental Health Services**

a.	<p><b>Counseling and Supportive Services for Youth (CASSY):</b> is a nonprofit agency that partners with schools to provide professional mental health services to students in their academic setting. CASSY is contracted by school districts to provide school-based wellness services to students, tailoring the services to the needs of each school. In 2011, CASSY won the Glenn Hoffman Award for Excellence, awarded by the Santa Clara County School Board Association to programs with significant impact on students that are innovative, creative, replicable, and sustainable. School contracts account for 76% of the non-profit’s funding, while the other 24% is supplemented by fundraising campaigns.</p>
b.	<p><b>Momentum for Health:</b> is one of Santa Clara County’s largest nonprofit providers of behavioral health services. It is the only agency in Santa Clara County that provides both mental health and addiction treatment outpatient services, and even couples this with supportive services to help patients attain or retain employment and housing. Momentum for Health also offers programs throughout Santa Clara County to improve understanding of mental health, address gaps in care, and empower more behavioral health advocates. Momentum for Health is mainly funded by Santa Clara County and commercial donors.</p>
c.	<p><b>Santa Clara County Office of Education (SCCOE):</b> is a regional service agency that provides instructional, business, and technology services to the 31 school districts of Santa Clara County. The SCCOE also provides academic and fiscal oversight and monitoring to districts in addition to the 21 Santa Clara County Board of Education authorized charter schools.</p>

*The questions for the panelists for this issue are as follows:*

**For CASSY:** What were the challenges in implementing CASSY district-wide? Is the funding of this program sustainable for long-term development and replicability across school districts? Could you

identify some positive impacts of the implementation of your wellness centers in Santa Clara County schools, as well as some current or foreseeable challenges?

**For Momentum for Health:** What age range is considered “youth” in community-based behavioral health organizations? When state changes affect your funding, how do decisions get made on what programs should be implemented, or cut? How do changes in state funding affect your ability to serve youth in particular?

**For SCCOE:** Can you speak to the importance of strong partnership between the county and school districts in implementing wellness centers across Santa Clara County schools? What disparities in behavioral health exist across Santa Clara County school districts with funding as it stands?

<b>Panelists</b>
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- **CASSY-** Marico Sayoc, Executive Director (She/Her)
- **Momentum-** David Mineta, President and CEO (He/Him)
- **SCCOE-** Mary Ann Dewan, Ph.D, Santa Clara County Superintendent of Schools (She/Her)

This agenda and other publications are available upon request through email to <a href="mailto:Lamont.Gordon@asm.ca.gov">Lamont.Gordon@asm.ca.gov</a> . You may contact the Committee at (916) 319-2060. This agenda was prepared by Hannah Bar-Ness - District 28 & Lamont Gordon.
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